

CHARLIE PATHFINDERS-PACKINGLIST

Each Pathfinder should bring:

- Hiking backpack (Ideally try on and get help / fitted, should be comfortable, adjustable, and not oversized (Around 40L for kids). If you do not have a pack, please contact the leaders (details at the bottom of this document).
- Hiking tent (pathfinder supplied – Given to each child on Friday night)
- Sleeping bag (0 degrees or better comfort rating)
Example: <https://www.anacondastores.com/BP90165924-classic-blue>
- Sleeping matt (such as thermorest)
Example: <https://www.anacondastores.com/BP90139842-red-dahlia>
- Gas stove, gas (to suit), cooking pot, and cutlery
Example: <https://www.anacondastores.com/BP90036581-silver>
- Food (Friday dinner, All Saturday, All Sunday, Monday Breakfast (plus a simple emergency meal). Suggestions below.
- Footwear (comfy hiking shoes/running shoes)
- Toiletry bag (ziplock) (toothbrush/paste, deodorant, toilet paper, sanitiser etc)
- Raincoat
- Compass
Example:
<https://www.anacondastores.com/BP90017695002-clear>
Example: <https://www.ebay.com.au/itm/294897354450>
- Shirt (your red pathfinder shirt!), pants/shorts, long thermals (top and bottom), underwear, socks x2, jumper, hat, beanie.
- Led Head Torch.
- Insect repellent, sun block
- Medication (if necessary)
- Plastic bags (for dirty laundry and to waterproof-line the inside of your pack).
- Water - 2 litres minimum
- Chux wipes
- Water purifier tablets
Example: <https://www.anacondastores.com/BP90062970-white>
- Change of clothes in a small bag to be left in car for after camp

Suggested food to bring (found on the next page)

You can bring alternatives, though remember you have to carry, and prepare / cook (and carry out rubbish) for whatever you bring, and it has to give you the energy you need for the camp.

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Suggested food - Have each meal packed in separate little bags & name each meal. E.g. "Sat lunch"	
FRIDAY NIGHT	Packed meal to be eaten before walking. This should NOT be a cooked meal as you will be hiking to your campsite and you will not have time to cook.
SAT BFAST	Normal quantity of oats/weetbix. Must be easy to prepare Powdered milk (minimal amount e.g 1/3rd cup sugar or dried fruit
SAT LUNCH	Snack lunch (no cooking required). Examples include: Flat bread and spread/tuna Wraps and spread crackers and dip muesli bars, le snaks, snack biscuits, trail mix
SAT DINNER	This can be a hot meal cooked on your gas burner. Examples include: 2 minute noodles Cup-a-soup Hot drink sachets
SUN BFAST	Normal quantity of oats/weetbix. Must be easy to prepare Powdered milk (minimal amount e.g 1/3rd cup sugar or dried fruit
SUN LUNCH	Snack lunch (no cooking required). Examples include: Flat bread and spread/tuna Wraps and spread crackers and dip muesli bars, le snaks, snack biscuits, trail mix
SUN DINNER	This can be a hot meal cooked on your gas burner. Examples include: 2 minute noodles Cup-a-soup Hot drink sachets
MON BFAST	Normal quantity of oats/weetbix. Must be easy to prepare Powdered milk (minimal amount e.g 1/3rd cup sugar or dried fruit
SNACKS GENERAL	Trail mix, crackers, chocolate bar, dried fruit, muesli bars, tea,

Pathfinder Leaders should also pack:

- Mobile phone
- First aid kit
- Matches

Don't have an item on the list above and needing some help to access it? Contact one of our team below! Furthering this, if you are feeling like you need a hand in packing, contact one of our team.

Charlie Pathfinder Club

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